

# Employee Consulting & Counseling

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## INVEST EAP

INVEST EAP is a Vermont-based, regionally-focused employee assistance program. By providing services through which companies can offer their employees help with personal and family issues, INVEST EAP can save companies money and improve employee morale and effectiveness.

INVEST EAP offers prevention/intervention services for employees and their families to keep personal problems from interfering with work performance in such areas as relationship/marital problems, legal difficulties, mental health, financial problems, elder care and child care.

Services include short-term counseling resources as well as referrals to specialized professionals. INVEST EAP also provides consultation for supervisors and managers, providing guidance in responding to employees whose personal problems may be impacting their work.

**Address:**  
108 Cherry Street, Suite 201  
Burlington, VT 05401

**Phone:** Counseling: (800)-287-2173  
Admin/Mgt: (888)-392-0050

**Email:** [staff@investeap.org](mailto:staff@investeap.org)

**Website:** [www.investeap.org](http://www.investeap.org)



“For every dollar invested in an employee assistance program, employers generally save anywhere from \$5 to \$16.”

– U.S. Dept. of Labor

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## Wage and Hour Program

Since 1906, the Vermont Department of Labor has overseen state law and adopted rules concerning minimum wage, overtime, wage payments, employee benefits and child labor. The Program also provides information on wage and employment related issues and attempts to settle employer/employee wage and benefits disputes to the satisfaction of all parties.

The Wage and Hour Program may be able to help:

- If you are having a problem collecting your wages;
- If you feel your employer has violated the terms and conditions of a written agreement to provide wage supplements such as vacation, holiday, sick or severance pay;
- If you are not receiving the minimum wage;
- If you have child labor questions or concerns.

Remember, federal wage and hour laws differ from Vermont state law. You should also contact the U.S. Department of Labor: 802-951-6283 or 603-666-7716 regarding your rights and obligations under the Fair Labor Standards Act.

**If you are an employee and would like more information:**

**Phone:** (802) 828-2157

**Email:** [labor-wagehour@state.vt.us](mailto:labor-wagehour@state.vt.us)

**Website:** [www.labor.vermont.gov](http://www.labor.vermont.gov)