

Community Resource Guide

Of Substance Abuse Prevention, Intervention, Treatment and Recovery Efforts in the City of Burlington

Revised August 2006

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For regularly updated information on substance abuse services, go to the Vermont 211 service at <http://www.vermont211.org> or dial 2-1-1

Other websites with substance abuse resource listings:

Youth yellow pages: www.firstcallvt.org/yellow123v.html

ADAP website: <http://healthvermont.gov/adap/adap.aspx>

This Community Resource Guide was originally compiled by Amy Hanzelka when she served as an Americorps*VISTA with Community & Economic Development Office and the Chittenden County Substance Abuse Coalition. It has been revised and expanded under the auspices of the Burlington Substance Abuse Coalition by Alice Christian, serving a HUD Fellowship internship in conjunction with CEDO. All of the data has been verified but as there are constant changes in the landscape, you should call or check the web to make sure the organization is still operating as described here.

Section I. Alphabetical Program Listing

A. City of Burlington Programs

1) Burlington School District

Drug Prevention Curriculum

- Know Your Body (Grades K-5): Resistance skills training and age appropriate information about tobacco, alcohol, marijuana, and cocaine (PASS Grant program)
- Guidance Curriculum (Grades K-5): Teaches refusal skills
- Life Skills Training (Grades 6-8): Curriculum provides information about drugs and teaches students skills needed to avoid high-risk behaviors. National program based on 20 years of scientific research.
- Grade 9: Mandatory one-semester course focused on teaching teens to make good choices.
- Grades 10-12: Curriculum to be developed with PASS Grant funds.

Drug Prevention Staff

- Student Assistance Program or “SAP” The District has 3.5 FTEs who serve as counselors (one at each middle school and 1.5 at BHS) Program includes intervention and referral services and education and training for staff, students, parents, and community on substance abuse and tobacco-use issues. Counselors participate in District policy setting. Operated in cooperation with Spectrum Youth and Family Services. The school district’s Prevention Coordinator is Karen Quinn working out of Burlington High School.
- School Resource Officers (Burlington Police Dept.): Officers act as role models, enforce laws and school policies, counsel students, and participate in truancy, disciplinary, and other school functions.
- Health Staff and Guidance Counselors: These staff members work with students and families, provide support and counseling to students and make referrals to outside providers.
- Staff Trainings: All staff receives training a minimum of two times per year. Act 51 (15-hour training) provided at no cost to District staff.

Other Prevention, Education and Intervention Efforts

- Parent-Dialogue Nights: Held annually at middle and high schools
- School-Based Health Centers: (Barnes and Wheeler Elementary Schools) Physical and mental health services are offered at the schools through a collaboration involving community providers. Services focus on students attending the schools, although siblings may also be seen for physical health services. Mental health services often involve the entire family through social work, home-nurse, and intervention services.
- District Social-Work Services: The District has social workers working throughout the District. The social workers help students (and families) by identifying issues that interfere with school success, including drug and alcohol issues of the student or family members.

- Mentoring: This program matches high-risk students with adult mentors who commit to a yearlong relationship. Research shows this can prevent high-risk behaviors in youth.
- Community Collaborations: The District has forged relationships with many community providers to address the needs of its students. Among these are the Vermont Division of Alcohol and Drug Abuse Programs and the Chittenden County Substance Abuse Coalition.
- District Policy and Procedures: The District has Comprehensive policies and procedures that address tobacco, alcohol, and drug use on school premises and coming to school under the influence of alcohol or drugs. Violations have serious consequences.
- Participation in the Youth Risk Behavior Survey and the Youth Health Survey: The District administers these surveys to students each year.
- Burlington After School Program: The District offers comprehensive programs at all nine schools. Programs are offered daily, and offer a positive experience during the highest risk hours for youth to become involved in high-risk behaviors.

2) Parks and Recreation

- **242 Main**: This substance-free youth-run facility, sponsored by Parks & Recreation Department at Memorial Auditorium, provides a safe environment and resources to foster music, activism, and the arts in downtown Burlington (Program examples: Poetry Slam, band performances, coffee house, movie night). General Manager: Richard Bailey, Phone: 862-2244. www.242main.com
- **City Kids**: A Vermont State Licensed after-school program for children in grades K-5. Professional staff supervises a wide variety of recreational, educational, and enriching field-trip activities. Program is open daily (including ½ days of school and winter break) and includes a snack. Scholarships are available. Phone: 864-0123.

3) Community and Economic Development Office (CEDO)

- **Burlington Neighborhood Project (BNP)**: Program promotes actual and perceived safety of Burlington's neighborhoods through neighborhood organizing and participation. Includes involvement in substance abuse issues through:
 - Community forums and educational sessions on heroin
 - Monthly forums with the Police Department and the Department of Corrections on safety issues (including drugs)
 - Support of the GAIN (Greater Archibald-Intervale Neighborhood Association) initiative to create a suspicious activity log and support for expanding the log to other neighborhoods
 Contacts: Ita Meno at 865-7172 or Beth Ruzansky at 865-7178
- **Community Justice Center (CJC)**: A restorative justice center that often deals with victims and offenders of drug-related crimes or other community and neighborhood-level drug-related problems. The program allows community-members to take part in the

justice process and holds offenders directly accountable to the victims and communities that have been harmed. Contact: Cara Gleason at 865-7155.

- **Offender Reentry Program:** This program helps prisoners who are reentering the community access housing, employment, substance abuse and mental health support and other basic needs, learn about the impact of their actions, and hear expectations for their future behavior directly from citizens. Contact: Sally Fox at 865-7588
- **Incarcerated Women Initiative:** This interagency collaborative is working on improving the treatment and successful reentry of women prisoners in Vermont. Contact: Cara Gleason: 865-7155

4) Police Department

- **Enforcement:**
 - Street-Level Enforcement: Day-to-day street-level law-enforcement, which sometimes involves issues of substance abuse.
 - Drug-Related Crimes: One-third of the Department's detective bureau works directly with investigation and enforcement of drug-related crimes (two detectives work exclusively on drugs and one is on the DEA task force for Northern Vermont). Recently, two more police officers were added to perform street level interdiction.
- **START Program (Stop Teen Alcohol Risk Team):** Statewide initiative to combat teenage alcohol (and drug) use, organized by county. Initiative involves cooperation among trained local law enforcement, schools, parents, media, local officials, and other community partners to implement a zero tolerance policy of teen alcohol use. Two approaches are used:
 - Proactive: Patrols to seek, find, and enforce violations of law related to alcohol use by minors. This approach employs "party-busts" and "stings" at beverage outlets. The proactive approach also includes public education campaigns and development of community partnerships that facilitate information exchange.
 - Reactive: START Team members respond to requests for assistance from other agencies in Chittenden County in dealing with such situations as underage drinking parties.
- **Student Resource Officers (SROs):** Police Officers (2) stationed in Burlington schools. Officers are not only involved in enforcement; they also act as teachers/counselors (through presentations and 1-on-1 counseling) and serve as an information resource for students and staff
- **Vermont Substance Abuse Conference:** Annual Vermont Department of Health Conference focused on prevention, early intervention, treatment, and recovery in which the Burlington Police Department participates.

5) Other City Departments:

The departments of the City of Burlington, such as the Fletcher Free Library and City Arts, offer a wide range of activities for children and families. Many of these programs are free or offer need-based scholarships.

6) License/Local Control Subcommittee of the Burlington City Council

This committee reviews all applications for new and renewed liquor licenses in the City. They make recommendations to the City Council when it convenes as the Local Control Committee. The state of Vermont ultimately grants all liquor licenses. The subcommittee's meetings are warned at the City Clerk's office and on the city's website at www.ci.burlington.vt.us/ct/citycouncil/.

B. Community-Based & Non-Profit Programs

Alcohol and Drug Abuse Programs (ADAP)

VT Substance Abuse Prevention Staff Chief: Marcia LaPlante, 108 Cherry Street, 651-1560
Prevention Consultant: Paula Gile, 1193 North Avenue, 863-7561
<http://healthvermont.gov/adap/adap.aspx>

ADAP is one of the six divisions of the Vermont Department of Health and was established to help Vermonters prevent, reduce and/or eliminate alcohol and other drug related problems. In partnership with other public and private organizations, ADAP plans, funds, manages, and evaluates a comprehensive, consistent, and effective system of substance abuse prevention and treatment services. ADAP works closely with the Vermont Alcohol and Drug Abuse Advisory Council (VADAAC), an eleven-member council authorized by state statute to advise the Governor on the nature and extent of alcohol and drug abuse problems, and the programs necessary to understand, prevent, and alleviate those problems. ADAP Administrative offices are located in Burlington.

Alcoholics Anonymous

Hotline number: (802) 860-8382
www.aavt.org

AA is a support group and 12-step program for recovering alcoholics. Meetings are held on a daily basis throughout the Burlington area. Membership is free, but members must have a desire to stop drinking.

Big Heavy World

Jim Lockridge, Executive Director, Phone: 865-1140
Mail: P.O. Box 428, Burlington, VT 05402-0428
Office: 215 College Street, 3rd Flr., Burlington, VT 05401
jim@bigheavyworld.net
www.bitheavyworld.com

Big Heavy World's mission is to preserve the historical record of music originating in Vermont; create economic opportunity for Vermont's musicians and the industries vital to them; to develop community among Vermont musicians and their patrons; and to accomplish this mission in a substance-free environment that empowers and educates youth.

Boy Scouts of America (Green Mountain Council)

Phone: (802) 244-5189
www.scoutingvermont.org

Membership program aimed at shaping values and character of boys through activities and achievements. The Green Mountain Council is the Vermont chapter of the Scouts of New England. P.O. Box 557, Waterbury, VT 05676

Burlington Substance Abuse Coalition

Contact: Margaret Bozik at 865-7171

This coalition includes representatives from agencies involved with substance abuse prevention, treatment, and recovery.

Champlain College

Alcohol/Drug Education Coordinator, Champlain College, 163 So. Willard Street, PO Box 670, Burlington, 05402, phone: 651-5959

About 1700 students attend this private, baccalaureate institution with the majority living off-campus. The College runs a social norming campaign that includes posters and other educational materials addressing the myths of drinking and drug use. This program recently received a AAA award for its work in preventing student drinking and driving and alcohol abuse.

Champlain Initiative

Beth Kuhn, Director. Phone: 864-7541, 95 St. Paul Street, Suite 200, Burlington
Toll Free: 1-800-545-0446

www.unitedwaycc.org

Champlain Initiative is a community wide initiative focused on improving the quality of life in Chittenden County by 2016. Champlain Initiative teams of volunteers are working on addressing racism in the schools, early childhood education, sustainable jobs, neighborhood connections, civic duty, health insurance for children, physical fitness opportunities and spiritual health. Supports coalitions such as the Chittenden County Substance Abuse Coalition through information sharing. Housed at the United Way of Chittenden County.

Crossroads

15 Pinecrest Drive, Essex Junction, VT 05452

Medical Director: Holliday Kane Rayfield; Program Director: Jodie Bisson

Phone: 288-1087

The Crossroads Program offers intensive community-based treatment for adolescents and adults (women). Treatment emphasizes the linkages between the client's family, support systems, and professional health care systems. The program is an alternative to psychiatric hospitalization, and it is a transition from inpatient treatment to a less restrictive environment. The Crossroads program uses psycho-educational group therapy, expressive therapies, comprehensive case management, and crisis service.

Day One – Fletcher Allen Health Care

Hours: 8 am-5 pm Monday-Friday

56W Twin Oaks Terrace Suite 6, South Burlington, VT 05403

Clinical Director: Beth Robins 847-3333

Day One is an outpatient drug and alcohol treatment program that provides assessment, counseling, information, and referrals. The intensive outpatient program for adults is a group based substance treatment. Program offers some individual therapy based on clinician availability. Grant based adolescent program, short-term, 4-session family based intervention. Program

accepts most insurance plans. Patients without insurance either pay on a sliding scale, or receive patient financial assistance through FAHC.

Dismas House of Vermont

96 Buell Street, Burlington

Phone: 658-0381

Dismas House is a halfway house that provides supportive community for former criminal offenders (during a 4-6 month stay) as they work to find a steady income and become self-sufficient, 75% success rate. Resident paid program fees offset cost of stay.

ECHO Center for Lake Champlain Youth Programs

Chrissy Keating, Volunteer Coordinator, 1 College Street, P.O. Box 4491, Burlington.

Phone: 864-1848

www.echovermont.org

ECHO at the Leahy Center for Lake Champlain is Vermont's lake aquarium and science center. Its mission is to educate the public on the Ecology, Culture, History, and Opportunity for stewardship in the Lake Champlain Basin. The Center offers various volunteer opportunities that include working with animals, doing community outreach, and educating the public.

Friends of Recovery-Vermont

Patty McCarthy M.S., Executive Director

PO Box 1202, Montpelier, VT 05601. Phone: 229-6103; toll free (800) 769-2798

www.friendsofrecoverylvt.org

Friends of Recovery-Vermont is a grassroots advocacy and education organization promoting the power of long-term recovery from addictions to improve the quality of life and health of Vermonters. FOR-VT provides resources, information and referrals, recovery speakers, and presentations, which bring voices and visibility to recovery.

Girl Scout Council of Vermont, Inc.

79 Allen Martin Drive, Essex Junction, VT 05452

878-7131 or toll free 800-639-3055

www.girlscoutsvt.org/

Membership program sponsors after-school age appropriate activities focused on encouraging skill-building and responsibility as well as promoting strong leadership and decision-making skills.

Good Neighbor Program

89 North Street, Burlington

Program Director: Pastor Pauli Singhavong 862-9879

This is a substance-free residential program designed for men interested in recovery, located at the Burlington Emergency Shelter. The program is specifically geared towards the homeless, but referrals are accepted from other drug and alcohol residential programs and the corrections system. Private referrals are also accepted. This is a Christian-based self-help program, which emphasizes personal responsibility. Funding comes from private donations, although residents also pay a program fee.

Green Mountain Peer Projects

Executive Director: Larry Bayle. Phone: 863-8451

1233 Shelburne Rd., Ste E-6, S. Burlington 05403

www.gmppvt.org/

This non-profit organization focuses on youth drug prevention and hosts residential camps for teenagers before they develop drug abuse patterns of behavior. Programs provide teens with the information, personal skills, leadership skills and self-esteem necessary to avoid substance abuse and to develop healthy coping behaviors.

- *The Junior High Project*: One-day retreats for middle school students
- *Peer Leadership Program*: Custom-designed trainings to address issues facing individual communities
- *Teen Institute*: Four-day summer program for high school students
- *Letting Youth Lead*: Advanced leadership opportunities for youth to staff programs and mentor younger students
- *Teen Leadership Conference*: A one-day conference for students and advisors
- *Vermont Kids Against Tobacco* (in conjunction with the Vermont Department of Health): A year-long tobacco awareness programs in middle schools
- *Workshops*: Educational programs designed to inform and energize youth events & programs. Topics include leadership, decision-making, healthy choices, and natural highs.

Howard Center for Human Services

208 Flynn Avenue, Burlington

Executive Director: Todd Centybear 660-3678

The Howard Center is a private non-profit organization that provides mental health services and services related to substance abuse. The Howard Center is made up of a wide array of programs, which are listed below.

- *Adult Behavioral Health Services*

Director: Bob Bick

www.howardcenter.org/ABHS/

Support services for members of the community (18 and older) who are experiencing mental or physical distress as a result of mental illness and/or substance abuse problems.

- *Adult Counseling Services*: Counseling, psychotherapy, and clinical consultation by qualified clinicians. Phone: 658-0404.
- *ASSIST/Crisis Services*: Short-term residential crisis stabilization and screening in a variety of community settings. Supportive home outreach care also available. Crisis services available 24 hours a day, seven days a week. Phone: 865-6138.
- *Champlain Drug and Alcohol Services*: 855 Pine Street, Burlington. Champlain Drug and Alcohol Services provide drug and alcohol counseling, therapy, education, prevention, intervention, outpatient and residential support services through Act One, Bridge, and the Community Support Group. The program aims at helping people make responsible, pro-social decisions in managing their lives.
Act One/Bridge Program Director: Tim Moran 859-1230
 - *Act One*: Community-based drug and alcohol crisis stabilization and detox program. A 24-hour supervised shelter for clients who are intoxicated, incapacitated, or who have come to the attention of law enforcement officers. Approximately 2000-2500 individuals screened annually.
 - *Bridge*: Non-medical detox services to help individuals attain physical, mental, and emotional stability over a 1-6 day stay. Staff assists with

referrals, paper work, and phone calls to connect individuals with medical, psychiatric, and substance abuse care as needed.

- *Community Support Group*: Free support group for anyone with substance abuse problems (This program is an after-care component of Bridge, but is open to people who have not been through Bridge). Support group meets 7 days a week, 11 am – noon.
 - *Chittenden Center* (methadone clinic) Program treats heroin addiction. Treatment by referral only and there is usually a waiting list. In University Health Center. Phone: 656-3700 (available Monday through Friday 6:30am to 1:30pm).
 - *CRASH Program*: Provides screening and referrals following license suspension resulting from a drinking and driving conviction. School programs involve a month-long structured course with films, lectures, and group discussions.
 - *Intensive Outpatient Treatment*: Professional clinical staff provides assessment, individual, group and family counseling on a daily basis, as well as information and referrals for adults experiencing alcohol or other drug abuse and dependence (in Chittenden Co.). Program focus on ongoing process of recovery, stability, and positive life choices. Allows individual to remain in work and family setting.
 - Community Support Programs: Clinical and case management; provides support and advocacy services assistance gaining access to other community resources, medication services, individual and group therapy and special outreach to the homeless. Includes some residential programs.
 - Safe Recovery & Education Program: Outreach program for active needle users, providing care management education, information and referral. (Also see Safe Recovery/Green Mountain Needle Coop) 860-3567.
 - Streetwork Program: Created to meet the needs to the Burlington Police Department, the community, and downtown merchants, as well as people who are mentally ill and their families. Social workers provide assistance to individuals in the downtown area. Outreach Worker: Matt Young 343-7504.
- *Baird Center (Youth & Children Behavioral Health Services)*
Director: Catherine Simonson 863-1326.
www.howardcenter.org/Baird/
The Baird Center provides support to families in: child care, consultation, crisis intervention, respite and outpatient therapy, as well as assessment, treatment and educational services to severely troubled or vulnerable youth and their families.
 - Centerpoint Adolescent Treatment: 1025 Airport Drive, South Burlington 05403. Daily after-school and weekend treatment services for teens and families. Includes clinical programming such as individual outpatient therapy and treatment, group therapy, family counseling, and short-term residential treatment and allows the adolescent to remain in the home and at school. Centerpoint is the primary adolescent screening, assessment, and treatment program in the county. Contact: Mitch Barron Phone: 654-7711.
 - Outpatient Counseling and Intensive Outpatient Services: Includes treatment for adolescents around issues related to substance abuse. Phone: 654-7711

Imani Health Institute

P.O. Box 5003, 294 North Winooski Avenue, Burlington, Phone: 864-2631

www.ImaniHealth.org/

Imani Health Institute's mission is to advocate on behalf of the community of color and low-income individuals with state and federal health and human service agencies to insure quality and equality in the delivery of services. Imani promotes good health practices, healthy living, and the use of health care providers whenever necessary among all people within the community.

Kids on the Block – Vermont

294 North Winooski Avenue, Suite 105, Burlington

Coordinators: Mary K. Dennison and Deb Ward Lyons 860-3349

<http://www.KidsOnTheBlockVermont.org>

“Kids on the Block Vermont” is a non-profit volunteer organization and puppet troupe. The troupe performs skits that encourage social responsibility, including skits on alcohol, tobacco, and other drug prevention for students in grades K-8. Skits range from explaining the difference between medicine and illegal drugs to avoiding peer pressure and alternatives to drug use. Funded in part through community sponsorships with businesses (which adopt a “kid” or a program).

Lund Family Center/Corner Stone

76 Glen Road, Burlington

Program Coordinator: Courtney Farrell, Phone: 864-7467

www.lundfamilycenter.org/

Substance abuse treatment services are a critical component of Lund Family Center's Residential and Community Treatment Program. Lund's professional counselors help women and their families address substance abuse issues on an outpatient basis. Substance Abuse Treatment services can be accessed by women living in the Residential Treatment program and by those living in the community. Services include; screening and assessment, case management, medical case management, individual and group counseling, family education and support. Services aim to provide a coordinated, collaborative system of support and services to pregnant and parenting women and their children whose lives have been affected by substance abuse and dependence.

Maple Leaf Farm Associates

10 Maple Leaf Road, P.O. Box 120, Underhill, VT 05489

Phone: (802) 899-2911

www.mapleleaf.org/

Maple Leaf Farm is a residential treatment for chemical addictions and a detox center. It aims at helping clients achieve a chemical-free life while encouraging personal growth. Treatment requires payment through insurance, Medicaid, or private pay; sliding fee scale for those with financial need.

Mobius the Mentoring Movement

431 Pine Street, Burlington, VT 05401

Phone: 658-1888

www.mobiusmentors.org

The mission of Mobius is to increase the number of high-quality, adult-to-youth mentoring relationships in Chittenden County. They aim to do this by developing a culture of mentoring in

the community, by nurturing the growth of existing programs, and by building additional capacity through the creation of new programs. Inspired by concerns about drop-out rates and heroin use, it was founded in 2000.

Narcotics Anonymous

Champlain Valley Area for Narcotics Anonymous, P.O. Box 64714, Burlington 05406
Information Line: 862-4516

www.cvana.org

NA is a support group and 12-step program for recovering narcotics-users. Meetings are held on a daily basis throughout the Burlington area. Membership is free.

Our Voices Exposed (OVX)

Coordinator: Angela Sawyer DeSanctis , Phone: 651-1612

www.ovx.org

OVX is a movement of high-school age Vermonters who are taking action to help reduce tobacco use among their peers, and helping their peers to make healthy decisions. OVX is youth-led and run with adult support. The goals of the movement are to educate and inform, to empower and show teens how to express their views, to take action against the exploitations of the tobacco industry, and to encourage positive behavior in all aspects of life.

Oxford Houses

Toll free phone: 800-689-6411.

www.oxfordhouse.org

Sober transitional housing for men and women. Oxford Houses are democratically run, self-supporting and drug free homes. There are several residences in Burlington. For current listings, call the national phone number or access the website.

For men:

Oxford House-Catherine Street, 8 Catherine St., Burlington, 660-9797.

Oxford House-Callahan Park, 10 Catherine St., Burlington, 863-3905.

Oxford House 123 King St., Burlington, 864-2870.

For women:

Oxford House-Kirk, 226 Manhattan Drive, Burlington, 863-4642.

ReCycle North Youth Build

Andrew Jope, Program Manager, Phone: 658-3684 ext 39

266 Pine St., Burlington.

www.recyclenorth.org

ReCycle North Youth Build is a program in which low-income youth (ages 16-24) who have not yet completed high school participate in comprehensive job training, education and leadership development and earn a living stipend.

Retreat Healthcare

Anne Marsh Lane, Brattleboro, VT 05302

Phone: 1-800-RETREAT or (Local) 802-257-7785

www.retreathealthcare.org/

Retreat Healthcare is a not-for-profit, regional specialty psychiatric hospital and addictions treatment center, providing a full range of diagnostic, therapeutic and rehabilitation services for

individuals of all ages and their families. The Retreat serves both adults and adolescents. The continuum of care includes (methadone) detox, inpatient, partial hospitalization, residential, and outpatient treatment. Accepts Medicare and Medicaid.

Safe Harbor Clinic

184 S. Winooski Ave, Burlington, VT 05401

Phone: 864-2619

An inter-agency project designed to provide comprehensive and coordinated primary health care to homeless individuals and families. Included are medical, dental, maternal/child care, mental health, and drug/alcohol counseling. Part of the Homeless Healthcare Project. Case management at the Day Station, 862-5418.

Safe Recovery/Green Mountain Needle Coop

Director: Tom Dalton, Phone: 860-3567

28 Pine Street, Burlington

www.howardcenter.org/ABHS/abhs%20programs/abhsrecovery.htm

The Co-op provides a wide range of practical strategies to assist intravenous drug users to reduce the harm associated with their drug use (including social and economic as well as health-related harm). Specifically the program seeks to limit HIV and Hepatitis C transmission. Free testing for HIV and Hepatitis C, and case management services.

Smith House

Contact: Tim Coleman, Committee on Temporary Shelter, 864-2613 x115

A program of COTS, this 4-6 month transitional housing is for individuals who must have a case manager and be actively dealing with their personal issues.

Spectrum Youth and Family Services

Executive Director: Mark Redmond 864-7423 x209

Administrative Offices are located at:

31 Elmwood Avenue, Burlington, VT 05401

<http://www.spectrumvt.org>

Spectrum provides an array of services for youth and their families, and young adults to the age of 22. All of Spectrum's programs and services are specifically developed for youth and young adults and generally help young people meet their basic needs and also prepare them to successfully transition to adult life and adult responsibilities. Spectrum's programs include:

- Drop-in Program: Serves youth who have basic needs such as food, temporary shelter during the day and early evening and laundry. This resource center is staffed with peer outreach workers trained to provide brief interventions and link youth to other services. Located at 177 Pearl Street. Phone: 862-5396
- Youth Shelter: Serves youth and young adults who need emergency shelter whether they are homeless, pushed out, or runaway youth. Located at 177 Pearl Street. Phone: 862-5396 ext. 353; or after 5 p.m. ext. 202
- Pearl Street Health Clinic: Youth and young adult (to the age of 22) medical clinic operated by the Community Health Center. It is a free walk-in health clinic open 4 days a week. Located at 177 Pearl Street. Phone: 652-1080
- Youth & Family Counseling: Outpatient counseling services are offered for youth and their families and young adults (ages 14-22.) The counseling program staff are trained to work

with individuals who are experiencing mental health/developmental problems and/or substance abuse problems. Services include mental health and/or substance abuse treatment for youth and young adults, and support for families. Services are funded through Medicaid, managed care/insurances, and a grant for the uninsured. Located at 177 Pearl Street and 31 Elmwood Avenue. Phone: 862-5396 ext. 310.

- **Student Assistance Program (SAP):** School based program that provides education, screening, brief intervention, referral and case management services in elementary, middle and high schools. This program can also provide education, and training for school staff and school communities. They work as part of the team of school based student support services. They also work with administration to implement the school's alcohol and drug policy. Location: Schools throughout Chittenden County. Call 862-5396 x310 for more information.
- **JOBS (Jump On Board for Success):** A collaborative effort among Spectrum Youth and Family Services, The Baird Center for Children and Families, and Vocational Rehabilitation, the JOBS program provides youth, ages 16-21, comprehensive, integrated case management services, with the goal of successful, competitive employment. The youth served have been identified as having an emotional and/or behavioral disability and are in need of extra support and services to obtain and maintain a job. Location: 177 Pearl Street. Call 862-5396 ext 337.
- **Downtown Education:** Spectrum's Downtown Education program serves homeless, runaway, and disconnected youth who have either dropped out of high school, or are having difficulties navigating successfully through secondary education. The goal of this program is to assist disadvantaged youth in completing a high school diploma or GED, and to promote access to post-secondary learning. Location: 19 Church Street. Call 660-8660 ext. 101.
- **Youth Development Program:** The Youth Development Program serves youth who are or have been in the custody of the State, or young people in the substitute care system under the Department for Children and Families. This program provides youth between the ages of 15 and 22 with the education, skill development, learning experiences and information to prepare for their transition from State care. Location: 31 Elmwood Avenue. Call 864-7423 ext. 208.
- **Mentor Program:** The Spectrum Mentoring Program is a community-based mentoring program that matches responsible adult volunteers with adolescents from Spectrum between the ages of 11 and 21. Mentor matches participate together in various activities in order to build a trusting relationship from which the youth can draw support. Location: 31 Elmwood Avenue. Call 864-7423 ext. 343.
- **Community Support and Supervision:** The community support and supervision team provides direct minimal to intensive support for juvenile probationers living in their communities. Youth are held accountable for their activities and whereabouts through phone and personal contact. Staff members work in collaboration with DCF staff, parents, foster parents, school personnel, and other service providers. Location: 31 Elmwood Avenue. Call 864-7423 ext. 221.
- **Domestic Abuse Education Project (DAEP):** Part of a coordinated community effort to end male violence against women and children by educating men who batter and young men who use violence. As a batterer intervention program, DAEP works to hold men and young men accountable for their violence, encourages them to explore the effects of their actions, and gives them an opportunity to change their behavior and beliefs. We

work in conjunction with victim's advocate agencies, the Department of Corrections, schools and other youth-service organizations, and the local Domestic Violence Task Force in communities across Vermont. Location: 31 Elmwood Avenue. Call 864-7423.

- Residential Programs:
 - Youth Cooperative is a group living program for six adolescent males that provides a community-based transition from foster care to independent living. Location: Murray Street. Call 864-7423 ext. 418.
 - Sand Hill Residential Community serves young women between 12 and 18 years of age who are currently in the custody of the State. It is a short-term staff-secure facility, and the only combined detention/crisis stabilization program for adolescent females in Vermont. Young women are referred through the Department for Children and Families (DCF) when they are deemed at a risk to themselves or others, and when foster or long-term residential care are not considered appropriate placements. They may be exhibiting persistent runaway behavior, mental health or substance abuse crisis, or have committed chargeable delinquent acts. Location: Rutland area. Call 802-468-8888.
 - Single Room Occupancy (SRO) residence provides nine private rooms and a common kitchen, dining, and living room for homeless youth transitioning to independent living. These young people are single, homeless, low-income youth between the ages of 16-21, whose stay may be from three to eighteen months. The youth are responsible for paying a portion of the rent for their room. Location: Maple Street. Call 864-7423. Ext 312.

START

Local contact: Sgt. Shawn Toof

Burlington Police Department, Burlington, VT. Phone: 658-2704

<http://healthvermont.gov/adap/start/start.aspx>

Vermont has used federal Office of Juvenile Justice and Delinquency Prevention (OJJDP) money to develop a statewide taskforce on underage drinking "Stop Teen Alcohol Risk Team" (START). The Vermont League of Cities and Towns (VLCT) worked with ADAP staff to engage community-based law enforcement groups (regional START teams) in increasing the levels of enforcement for underage drinking. Vermont's law enforcement personnel are connecting with judicial, reparative, and community groups to improve enforcement protocols, change community norms, and improve public policies. To report a party or other underage drinking, the **anonymous** toll free number is: 1-866-TEEN-USE (1-866-833-6873)

Turning Point Center of Chittenden County

61 Main St., Burlington (Entrance is on South Champlain Street). Phone: 861-3150.

Provides a safe and substance-free environment for those interested in recovery. Every week there are as many as 20 meetings of AA, NA, Nar Anon, DA, and others. Some folks just stay in touch with each other with a game of pool or chess.

Open 10:30 am -10 pm Sun – Tues; 10:30 am - midnight Wed. – Sat. Fun, fellowship, friendship and support.

United College Club

Bruce Wilson, Executive Director. Phone: 863-9400; Fax: 863-9401.

unitedcollegeclub@yahoo.com

Connecting college students from Champlain College, St. Michael's, Community College of Vermont and the University of Vermont, the United College Club provides internship opportunities and activities to help teens attain their goals.

University of Vermont

- Community Coalition

Director of Student and Community Relations, Gail Shampnois.

Phone: 656-1103.

The Community Coalition is a diverse group of UVM students and administrators, City Hall staff, City Councilors, police, neighborhood representatives, and landlords who meet regularly to create ideas and programs designed to build community and facilitate positive interaction between the university's students and city residents. The Coalition is an initiative of UVM's Student Government Association. Meetings are open to all and participation is heartily welcomed.

- UVM Center for Health and Well-Being / Alcohol and Other Drug Services

436 South Prospect St, Wright 113, Burlington.

Phone: 656-0784

www.uvm.edu/health

The Center offers a wide variety of services that are sensitive to the challenges that university students face regarding alcohol and other drug use. They provide consultations and ongoing counseling for students. In addition, they coordinate appropriate referrals to community clinicians and/or services, if needed. As part of the Center for Health and Well-Being, Health Promotion Services raises awareness about alcohol/drug and other college health issues by providing information, education, workshops, and different ways for students to get involved in promoting health and wellness.

- UVM Health Behavior Research Center

54 W. Twin Oaks Terrace, Suite 14, So. Burlington, VT 05403.

Phone: 847-6860

www.med.uvm.edu/hbrc

Offers treatment for alcohol problems in 12 90-minute sessions of group cognitive behavioral therapy. The treatment is free and confidential to all who are eligible as part of an NIH funded Research Study conducted by the University of Vermont College of Medicine. In addition to the therapy, half of all participants will have access to automated self-help relapse prevention program.

- UVM Substance Abuse Treatment Center (SATC)

Director: Dr. Stephen Higgins.

1 So. Prospect Street (at University Health Center Room 1415), Burlington. Phone: 656-8714 or 1-800-377-8714

www.uvm.edu/~uvmsatc/

The SATC offers free, confidential, state-of-the-art cocaine outpatient drug treatment in the context of a research clinic. The center serves adults. The program receives funding through the National Institute on Drug Abuse. Current clinical trials are for cocaine addiction and pregnant women trying to quit smoking cigarettes (nicotine). Clinic Hours: 11 am-7 pm Monday through Friday.

Vermont Department of Liquor Control

Jay Clark and John Klauzenberg, Liquor Investigators for Burlington and South Burlington
jay.clark@state.vt.us, 802-893-5220 and john.klauzenberg@state.vt.us, 802-434-5477
www.state.vt.us/dlc

This state agency controls liquor licenses after applications are received by individual town commissioners. An investigator visits the premise for inspection and investigation. The investigators give a seminar prior to granting a license. Also controls all sales through the state liquor outlets and conducts compliance tests on retail outlets for sales of liquor to minors.

Vermont Kids Against Tobacco

Contact: Larry Bayle, Executive Director, Green Mountain Peer Projects.
863-8451

VKAT came into existence in 1995 through the Coalition for a Tobacco Free Vermont. The Coalition's Youth Committee designed VKAT to empower youth in middle schools. It has grown into a statewide effort to reduce tobacco use among youth in our communities. It has become a partner in the efforts to create a tobacco free Vermont. Youth in school can play a crucial role in deterring tobacco use among youth. Some of the activities groups can participate are: Operation Storefront, poster contests, Quit Week, Kick Butts Day, Tobacco Free Dance, and other activities that convey the non-tobacco use message. Administered by Green Mountain Peer Projects.

Youth Centers

These centers provide programming for children after-school, on the weekends, and during school breaks. Many of the centers have programming specific to drug and alcohol abuse.

- [Burlington Boys and Girls Club](#)

62 Oak Street, Burlington

Phone: 864-5263

www.bandgclub.org

The Boys & Girls Club of Burlington is open every day after school, during school and summer vacations, and hosts youth and family events on weekends. The Club's programs include the Living Room (at the University Mall) and Straight Talk Vermont. Renovations will close the Oak Street location from August – December 2006. Call or check the website for information about re-opening.

- [Imani Youth and Family Center](#)

Allen Robinson, Executive Director Phone: 864-2631

P.O. Box 5003, 294 North Winooski Avenue, Burlington

imanihealth.org/

The mission of the Imani Youth and Family Center is to promote positive youth and family development and assist children through adolescents and on to healthy adulthood. It is a project of the Imani Health Institute.

- [King Street Youth Center](#)

Roxanne Leopold, Executive Director

Mailing: PO Box 1615, Burlington 05402

Office: 87 King Street, Burlington, 05401.

Phone: 862-6736

www.kingstreetyouth.org

The King Street Youth Center promotes personal and social wellness through educational, recreational and social programs. These include the Early Childhood Education Program, the Afterschool Program, the Teen Futures Program, the Junior Senior Buddy and the Kids on the Move Program. The Teen Futures Program has been in existence since 1996. The mission of this King Street Youth Center program is to provide youth and their families with positive experiences and the necessary tools to achieve success in their lives. The Center's commitment is to provide support for each individual and their aspirations towards a positive future.

- Living Room

University Mall, South Burlington
Living Room Director: David Alofsin
Phone: 862-9300

The Living Room is a youth resource center located in The University Mall, South Burlington, and is a satellite site of The Boys & Girls Club of Burlington. The space operates as a drop-in center for teens ages 13-19 and has a youth board of directors that makes all decisions around activities and events that take place. Youth at the space work to plan after-hours events and substance-free activities for their peers in the community. The Living Room provides a safe and positive place for teens, with access to resources such as the Internet, homework help, employment opportunities and mentoring.

Hours: Wednesday – Saturday, 3:00-9:00 p.m.

- New North End Youth Center:

Kathy Olwell, director
130 Gosse Ct., Burlington, Phone: 860-4986

A project of the Sara Holbrook Youth Center (see below description)

- Sara Holbrook Youth Center

Leisa Pollander, Executive Director
66 North Avenue, Burlington, Phone: 862-6342
www.saraholbrookcc.org

The Center's Teen Program has two sites, the Sara Holbrook Center and the New North End Youth Center (NNEYC), serving 6th grade to 12th grade youth with after-school and evening programs. Drop-in teen programming is held at both sites. Preregistration is required for summer courses and some vacation programs. Regular Hours: 8:00 am-5:00 pm

- YMCA of Greater Burlington

Kevin Hatin, Director of Health and Fitness.
266 College St., Burlington
Phone: 862-9622
www.gbymca.org

The Y serves the community by developing youth, supporting families and encouraging healthy lifestyles through childcare and recreational programs, as well as through individual and family memberships to the fitness facility. In addition to the downtown Burlington facility, offers programs in more than 40 sites in Northwestern Vermont.

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Section III. Links to Data Sources

Youth Risk Behavior Survey

Vermont students in grades 8-12 have been surveyed in the years 1995, 1997, 1999, 2001, 2003, 2005.

<http://healthvermont.gov/adap/clearinghouse/publications.aspx#yrbs>

Behavioral Risk Factor Survey

Vermont and 49 other states and three territories track risk behaviors using a telephone survey of adults called the Behavioral Risk Factor Survey. Vermont has been surveyed in the years 2000, 2001 and 2004.

<http://healthvermont.gov/research/brfss/brfss.aspx>

Vermont Department of Liquor Control

Information on liquor licenses is at www.state.vt.us/dlc/downloads.html and liquor sales can be found at www.state.vt.us/dlc/annualreports/2005.pdf.

Vermont Crime Statistics

The Vermont Criminal Information Center (VCIC) administers the state's Uniform Crime Reporting (UCR) program. The UCR program is a state and national criminal justice data collection program managed by the FBI. The program focuses on collecting data related to crimes reported to the police. VCIC is responsible for collecting, editing, and analyzing reported crime data from all law enforcement agencies statewide. The results of the analysis are published by VCIC in the annual Vermont Crime Report which presents reported crimes at the state, county, and town level. Various reports of drug related violations can be created at the website at

www.dps.state.vt.us/cjs/crimestats.htm

Vermont Department of Corrections Facts and Figures

The most recent "Vermont in Context" for Fiscal Year 2005 is at

www.doc.state.vt.us/pageflip/pageflip.pl/picture?book=FF2005&seqno=1021.